



[WWW.MAGAMES.ORG](http://WWW.MAGAMES.ORG)

# E-MARTIAL ART GAMES

2021

## CALISTHENICS WORLD E-GAMES



THE  
CALISTHENICS  
CLUB





# TABLE OF CONTENT

## 1. Introduction

What are the  
Calisthenics World eGames?

## 2. Benefits

Why should you take part?

## 3. Dates & deadlines

Where and when?

## 4. Play by the rules

Rules & regulations

## 5. How to join?

Registration, fees

## 6. Need help?

Tutorials & contacts



## OUR GOAL

The CW eGAMES combine the best of the two worlds – a global Calisthenics sport event in a safe and trouble-free online environment.

Join from any place on this planet, without travel and accommodation costs. Compete against professional and amateur athletes from all around the world and improve your skills.

With our Slogan: “We are Sport” we would like to show the world how a new sport based on your own bodyweight is establishing itself. Sports Recognition!





## YOUR BENEFITS



### Compete from anywhere

Your living room, garden  
or holiday destination



### Stay safe

no health risks through traveling  
during times of pandemic



### Compete without pressure

No venue, no spectators,  
better focus



### Safe money

No flight tickets, no hotels,  
smaller entry fees



## YOUR PRIZES



### Certificates

Get your individual electronic Certificate and Top Sponsor Vouchers and Discounts



### Ranking Points

Earn the most ranking points for any eTournament in the Calisthenics World eTournament ranking



### Discount Vouchers

For online shops of our partners and sponsors or your next competition



## REGISTRATION PHASE

- ◇ **Registration start**  
28 August
- ◇ **Registration end**  
16 October
- ◇ **Upload of Draws**  
17 October
- ◇ **Video upload end**  
20 October



# TOURNAMENT PHASE

- ◇ **Start of the  
Calisthenics World  
eGames**

24 October

- ◇ **End Judging &  
Announcement of results**

03 November





# CALISTHENICS DISCIPLINES

Freestyle



Street Lifting



Strength and Endurance



Para-Workout







# CALISTHENICS CATEGORIES

Discipline	Male -75kg	Male +75kg	Male BW	Female BW	ParaWorkout
Freestyle	=====	=====	◆	◆	=====
Strength and Endurance	◆	◆	=====	◆	◆
Classic Street Lifting	◆	◆	=====	◆	=====



# Continental hosts:

## **NORTH AMERICA:**

CFC | Calisthenics Federation Canada - Coordinator  
Calistation | Canada  
TrainYard 317 | USA

## **SOUTH AMERICA:**

ASWCP | Peru - Coordinator  
Soy Calistenia | Colombia  
Femecsw | Mexico  
540 | Paraguay  
ASWCE | Ecuador  
GAMMA | Venezuela

## **AFRICA:**

ASS Agadir | Morocco - Coordinator  
Wolf Calisthenics School | Senegal - Coordinator

## **EUROPE:**

PSU | Serbia - Coordinator: Strength and Endurance  
HPL | Greece - Coordinator: Street Lifting  
SWB | Bulgaria - Coordinator: Freestyle  
SWH | Croatia  
FLUXSW | Romania  
NANO SPORT | Swiss  
ISWA | Turkey  
STREET TITANS | UK  
ASWCA | Portugal

## **ASIA:**

NYFC | Nepal - Coordinator

## **OCEANIA:**

Ultimate | Australia - Coordinator  
Calichamber | Australia - Coordinator  
Redfern SW | Australia - Coordinator



# CALISTHENICS

## ◆ Qualifiers to Super Final

### 6 CONTINENTS:

Afrika: 5 finalist per category

Australia: 5 finalist per category

Asia: 5 finalist per category

Europe: 5 finalist per category

North America: 5 finalist per category

South America: 5 finalist per category

**1 qualifier round for each category per continent**

## ◆ SUPER FINAL:

32 single elimination bracket knockout fase per category

## ◆ WILD CARD:

**2 wild cards per category**

If any continent for a particular category does not have enough athletes these empty spots will get divided among the best athletes of other continents

## ◆ Criteria for Evaluation

◆ **Freestyle:** Dynamics / Statics / Strength / Combos / Form / Creativity

◆ **Strength and Endurance:** Strength /Strict Form / amount of repetitions / Speed

◆ **Street Lifting:** Strength / Strict Form / Weight / Max 1 RM

◆ **Para-Workout:**Strength / Strict Form / amount of repetitions / Statics

Read all rules and regulations:

<https://www.sportdata.org/calisthenics/set-online/>



# CALISTHENICS BASIC RULES & REGULATIONS

## ◆ All participants show a series of their best Calisthenics performance

For each discipline there is a different set of rules and regulations. Please make sure you study these rules and regulations good.

Rules and regulations of each discipline you can find under downloads on the eTournament mode:

◆ [https://www.sportdata.org/calisthenics/set-online/popup\\_main.php?popup\\_action=uploads&vernr=9&ver\\_info\\_action=info#a\\_eventhead](https://www.sportdata.org/calisthenics/set-online/popup_main.php?popup_action=uploads&vernr=9&ver_info_action=info#a_eventhead)

◆ The match starts with showing the matchcode and stating your name + country and weighing your bodyweight and or weights. Freestyle is overall body weight + female categories.

## ◆ Judging criteria:

Technical quality, precision

ability to combine techniques

Form /strength / weights / speed / creativity/dynamics / statics

Only fairplay is allowed. Any form of discrimination / unfairplay / fraud or doping will result in a reduction of the points by the judge or permanent disqualification.

## ◆ Dress code or additional equipment:

Read general rules and regulations of each discipline if there are any requirements.



### ◆ **Tournament Format**

The event will be run in 2 phases:

Qualifier phase

Super Final K/O phase

- ◆ To speed up the process of recording and submitting the videos in our E-Tournaments, we enable the function to upload all needed videos during the registration period

With this simple option, you can upload all qualifier videos at once, without waiting time for the matches to be called

- ◆ Deadline to upload all videos is at the end of the registration period.

### ◆ **Ranking Points**

Each continent has its own ranking

Each discipline has its own ranking

Each category has its own ranking


- ◆ Points get calculated according to the discipline's rules and regulations
- ◆ Points gained will stay for other tournaments rankings
- ◆ **PRO POINTS:** Gain your PRO points by qualifying yourself to the Super Final



# REGISTRATION

- ◆ 1. Create your ATHLETE ID profile account on:  
<https://thecalisthenicsclub.com/sign-up/>
- ◆ 2. How to create your athlete account:  
<https://eyecons.com/videos/sign-up-user-account-tc-c-10042>
- ◆ 3. Register on Calisthenics World eGames on:  
<https://www.sportdata.org/calisthenics/set-online/>
- ◆ 4. How to register on Tournament:  
<https://eyecons.com/videos/how-to-register-to-an-e-tournament-10043>
- ◆ 5. Record your videos
- ◆ 6. How to upload your videos:  
<https://eyecons.com/videos/e-tournament-tutorial-how-to-upload-your-video-10044>

# E-TOURNAMENT GROUP CHATS

- ◆ 1. Download WHATSAPP 
- ◆ 2. Get entered in your continental Whatsapp group chat
- ◆ 3. Total: 6 continental Whatsapp group chats during the qualifiers round
- ◆ 4. All winners of the qualification round will get entered into a new Whatsapp group chat for the Super Final
- ◆ 5. During the Tournament Whatsapp group chats any bad behaviour, discrimination, hate, bad language or sexual harassment towards each other will get removed immediately by the continental hosting organization and disqualified of the tournament
- ◆ 6. The purpose of the Whatsapp group chats are to keep all competitors at all time connected and informed about any tournament developments, rules and regulations, technical assistance or any questions that may arise.

Also to feel the excitement and unity of athletes during the CW eGames with great sportsmanship



# VIDEO REQUIREMENTS

Recording a video for the CW eGames is quite easy. There are only a few points you should keep in mind. Also check out our example video on the right.



## Match code

Always show the match at the beginning of the video

[MATCH CODE](#)

[EXAMPLE VIDEO](#)



## Angle

Make sure the whole body and every technique are fully visible throughout the whole video



## Sound & light

Try to make sure that lighting is suitable and that there is no loud noise around



## Qualification Info:

### **Freestyle:**

Amount performance: 1  
Amount video upload: 1  
Match time: 90 seconds freestyle session per video  
Top 5 athletes each category qualify  
2 Wild cards per category

### **Strength and Endurance:**

Amount exercises: 5  
Amount video upload: 5  
Match time: 1 min max rep per video  
Top 5 athletes each category qualify  
2 Wild cards per category

### **Street Lifting:**

Amount exercises: 2  
Amount video upload: 2  
Match time: No match time limit per video  
Top 5 athletes each category qualify  
2 Wild cards per category

## Super Final Info:

### **Freestyle:**

Male: 32 single elimination bracket K/O fase  
Female: 32 single elimination bracket K/O fase

### **Strength and Endurance:**

Male -75KG: 32 single elimination bracket K/O fase  
Male +74KG: 32 single elimination bracket K/O fase  
Female: 32 single elimination bracket K/O fase

### **Street Lifting:**

2 rounds  
2 exercises  
Male -75KG: Ranked  
Male +74KG: Ranked  
Female: Ranked

### **Para-Workout:**

Direct qualification to Super Final





## ENTRY FEES

◆ € 0

### FREE ENTRY

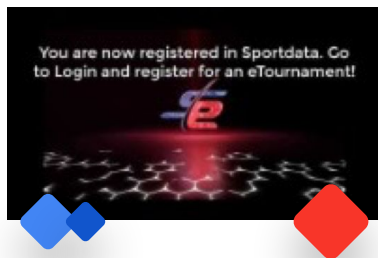
CW eGames is made to promote the growth of the sport Calisthenics world wide and to get all athletes actively involved into competing against each other from anywhere at any time in a safe way.

## ORGANIZED AND SUPPORTED BY

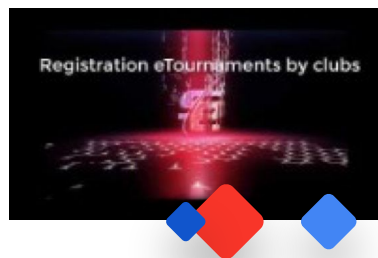




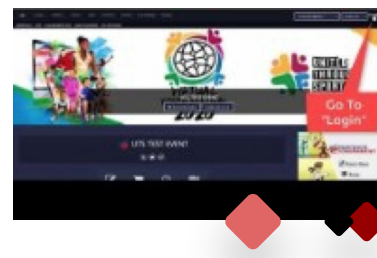
## OUR TUTORIALS



**Create an account**



**Register for the event**



**Upload your video(s)**



[WWW.MAGAMES.ORG](http://WWW.MAGAMES.ORG)

## **CONTACT US**

support@thecalisthenicsclub.com